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Point-prevalence surveys of hospital-acquired infections in 42 Chinese hospitals in Weifang, China: from 2015 to 2020



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Abstract

Background Hospital-acquired infections (HAIs) are a major health challenge, especially for developing countries. Therefore, this study investigated the prevalence of HAIs in 42 Chinese hospitals in Weifang, China.

Methods The definition of HAIs was identified using the Ministry of Health of the People's Republic of China. Oneday cross-sectional surveys were annually performed from 2015 to 2020. The trained staff collected information on the prevalence of HAIs, isolated pathogens, and antibiotic use.

Results Among the surveyed inpatients, 1.66% developed HAIs, with a significant decline in HAI prevalence from 2015 (1.84%) to 2020 (1.55%) (Z = -4.206, P < 0.001). The ICU exhibited the highest prevalence of HAIs at 19.04%. Lower respiratory tract infections accounted for 46.32% of total cases. Moreover, a total of 1,297 bacterial isolates were identified, with *Pseudomonas aeruginosa* (218 isolates, 16.8%), *Klebsiella pneumoniae* (199 isolates, 15.3%), and *Escherichia coli* (133 isolates, 10.3%) being the most prevalent. The most frequently detected resistant pathogen was *Carbapenem-Resistant Enterobacteriaceae*(218 isolates, 37.20%).Antimicrobial usage reached 35.19%, accompanied by a notable increase in pathogen testing submissions over the study period (Z = 4.287, P < 0.001).

Conclusions The overall prevalence of HAIs across 42 hospitals shows a declining trend. The prevention and control of healthcare-associated pathogens and multidrug-resistant organisms remain key priorities. Ensuring the rational use of antimicrobial agents is also a critical focus for future efforts.

Keywords Hospital-acquired infections, Point prevalence survey, Antimicrobial use, China

Introduction

Hospital-acquired infections (HAIs) are infections that develop in patients during their stay in health-care facilities, typically emerging more than 48 h after admission and caused by various pathogens, including bacteria, viruses, and fungi [1-4]. HAIs are considered

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critical indicators of patient safety in healthcare settings [5]. According to the data reported by the World Health Organization (WHO), millions of patients worldwide experience complications or death due to HAIs annually, with an annual growth incidence of HAIs of approximately 0.06% [6]. HAIs place substantial financial burdens on healthcare systems due to prolonged hospital stays, additional treatments, and diagnostic tests [7–9]. Moreover, HAIs negatively affect patient outcomes and increase the economic burden on individuals [10]. When caused by multidrug-resistant organisms(MDROs), HAIs complicate treatment decisions and pose significant

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public health challenges [11]. Inappropriate antibiotic use and preventable HAIs requiring antibiotic treatment may accelerate the development of antimicrobial resistance, further restricting future treatment options.

In developing countries, the prevalence of HAIs is estimated at 15.5% [12]. While preventive measures have been implemented, research and management of HAIs in China began relatively late and remain in the early stages of development. Between 2018 and 2020, the prevalence of HAIs in Chinese hospitals showed a downward trend, with prevalence values of 1.91%, 1.86%, and 1.65%, respectively [13]. However, challenges persist, such as the improper use of antibiotics and the emergence of drugresistant pathogens [14]. HAIs involving drug-resistant organisms have become a global crisis, exacerbated by the limited development of new antimicrobial drugs [15]. The implementation of two National Action Plans to Combat Antimicrobial Resistance (2016-2020, 2022-2025) has contributed to a significant reduction in antibiotic consumption, accompanied by a stabilization or decline in the prevalence of key resistant bacterial strains in China in recent years [16–19].

Importantly, studies suggest that restricting the inappropriate use of antimicrobial drugs may curb the emergence of antibiotic resistance [20]. Certain infections, such as bloodstream infections and respiratory tract infection, have been on the rise in recent years, indicating the need for continued research and targeted interventions [21]. Comprehensive, integrated intervention strategies have been shown to reduce the prevalence of HAIs by 35–55% [22]. Effective HAIs monitoring is crucial for assessing the effectiveness of preventive measures, identifying risk factors, and providing reliable data on disease occurrence. Such step is vital for improving healthcare quality and refining clinical services.

Therefore, this study conducted a retrospective analysis of targeted HAIs surveillance over six years in 42 hospitals in Weifang, Shandong Province, China. The objective was to provide a deeper understanding of the epidemiological characteristics, current trends, and antibiotic resistance patterns of HAIs. The findings are expected to contribute to policy formulation, enhance healthcare quality, and improve disease monitoring and early warning systems.

Methods

Study design and setting

The research population consisted of all inpatients from 42 secondary or higher-level hospitals in Weifang, Shandong Province, China. This included individuals discharged, transferred, or deceased on the survey day but excluded newly admitted patients. Each year, from 2015 to 2020, a single random day was selected for the survey. On that day, from 00:00 to 24:00, data were collected

using a combination of medical record reviews and bedside investigations.

A cross-sectional survey was performed annually to collect clinical data from all hospitalized patients. This survey was executed by a dedicated team of infection control staff, attending physicians, infection control doctors, and nurses. Data collection was standardized using case registration and bedside survey forms designed by the National Hospital Infection Control Quality Control Center. Information was gathered through medical records and bedside consultations.

The collected data included patient demographics, infection status (hospital-acquired and communityacquired), antimicrobial usage, pathogen testing before antimicrobial administration, and bacterial resistance. HAIs were diagnosed based on the Hospital Infection Diagnostic Standards(Trial), which define HAIs as infections occurring 48 h or more after hospital admission that were neither present nor incubating at the time of admission [23]. Antimicrobial use was defined as (1) any systemic antibiotic or antifungal prophylaxis administered within 24 h prior to the survey, or (2) any systemic antibiotic or antifungal medication used on the survey date.All data were systematically entered into the hospital infection prevalence database and uploaded to the online hospital infections monitoring system in Weifang, Shandong Province, China.

Statistical analyses

Categorical variables were expressed as frequencies and percentages. The Cochran-Armitage trend test was applied to evaluate changes in the prevalence of HAIs, pathogen distribution, infection sites across different years, antimicrobial drug usage rate, and the rate of pathogen testing prior to antimicrobial therapy over time. All statistical analyses were conducted using R version 4.3.2. The two-tailed *P*-value of less than 0.05 was considered statistically significant.

Results

Prevalence of HAIs and infection episode rate across different years

As shown in Table 1, a total of 157,009 inpatients were monitored, with 2,605 developed HAIs, yielding an overall infection prevalence of 1.66%, of whom 2470 (94.80%) had 1 HAI, 120 (4.61%) had 2 HAIs, and 15 (0.58%) had 3 HAIs. The prevalence of HAIs declined from 1.84 to 1.55% (15.76% reduction), while the infection episode rate decreased from 1.92 to 1.59%. These trends were statistically significant (Cochran-Armitage Trend Test: Prevalence of HAIs: Z=-4.206, P<0.001; Infection Episode rate: Z=-4.363, P<0.001). The bed numbers for each hospital are included in Supplementary **Table S5**.

Table 1Prevalence of HAIs and infection episodes rate(2015–2020)

Year	Total Patients Surveyed	Num- ber of Infections	Preva- lence of HAls (%)	Number of Infection Episodes	Infec- tion Episode Rate (%)
2015	20,871	385	1.84	400	1.92
2016	23,611	415	1.76	429	1.82
2017	26,211	490	1.87	536	2.04
2018	27,857	452	1.62	483	1.73
2019	29,192	409	1.40	443	1.52
2020	29,267	454	1.55	464	1.59
Total	157,009	2,605	1.66	2,755	1.75

The Cochran-Armitage Trend Test results for both the Prevalence of HAIs and the Infection Episode Rate are as follows: Prevalence of HAIs: Z=-4.206, P<0.001; Infection Episode Rate: Z=-4.363, P<0.001

Prevalence of HAIs by department

HAIs were identified across all 63 departments, with 8 reporting a prevalence exceeding 2%. The departments with the highest prevalence, in descending order, were: ICU (19.04%), Hematology (10.02%), Burn Unit (5.66%), Neurosurgery (5.58%), Neonatology (3.36%), Oncology (3.09%), Thoracic Surgery (2.94%), and Colorectal Surgery (2.22%). All of the above-listed department types had 36 departments involved in the study, except for neonatology, which had 42. The prevalence of HAIs for each department divided by the number of HAIs in that department divided by the number of patients assessed within that department. The annual prevalence of HAIs across the 63 departments is provided in Supplementary **Table S1**.

The ICU showed an initial increase in infection prevalence between 2015 and 2016, peaking slightly, followed by a gradual decline, though a secondary rise was noted in 2019. Despite this fluctuation, the overall trend remained downward (Z=-3.216, P=0.001). Neurosurgery consistently decreased infection prevalence throughout the study period (*Z*=-5.078, *P*<0.001). The Burn Unit experienced a marked decline between 2016 and 2017, with a minor rebound from 2018 to 2020, yet the overall trend was downward (*Z*=-2.545, *P*=0.010). Both Thoracic Surgery and Neonatology saw reductions in infection prevalence from 2015 to 2016, followed by minor peaks in 2017, and a continuation of the downward trend thereafter (Thoracic Surgery: *Z*=-2.601, *P*=0.009; Neonatology: *Z*=-2.196, *P*=0.028). Anorectal Surgery, after a decline from 2016 to 2017, showed a steady increase in infection prevalence (*Z*=3.991, *P*<0.001) (Fig. 1). Detailed results of the Cochran-Armitage Trend Test for departments are available in Supplementary **Table S4**.

Summary of HAIs sites and pathogen distribution

Table 2 presents the distribution of HAIs by infection site and their corresponding pathogens. Lower respiratory tract infections (LRTIs) were the most prevalent (46.32%), followed by upper respiratory tract infections(URTIs) (10.34%), urinary tract infections (UTIs) (10.78%), and surgical site infections (SSIs) (6.86%). Among the isolated pathogens (n = 1,297), *Pseudomonas aeruginosa* (16.8%) and *Klebsiella pneumoniae* (15.3%) were the most common, while *Escherichia coli*, *Acinetobacter baumannii*, and *Staphylococcus aureus* also frequently detected.

Distribution of hospital-acquired infection sites

As illustrated in Fig. 2, from 2015 to 2020, the proportion of LRTIs showed a significant decline, dropping from 50.75 to 39.22% (*Z*=-4.289, *P*<0.001). Similarly, intracranial infections reduced from 1 to 0% over the same period (*Z*=-3.376, *P*<0.001). In contrast, gastrointestinal infections increased notably from 3.25% in 2015 to 8.62% in 2020 (*Z* = 3.229, *P*=0.001). SSIs also showed a substantial rise, increasing from 2.75 to 7.54% (*Z*=3.851, *P*<0.001). Additionally, skin and soft tissue infections increased significantly, from 1.50 to 7.54% (*Z*=3.796, *P*<0.001),



Fig. 1 Trends in HAI Prevalence by Department (2015-2020)

	Total	Upper Respira-	Lower Respira-	Intracranial	Urinary Tract	Gastroin-	Intra-	Surgical	Blood	Skin and	Other
	Infections	tory Tract	tory Tract			testinal Tract	Abdominal Tissue	Site		Soft Tissue	sites ^a
Total HAIs Cases	2755	285	1276	23	297	143	88	189	132	116	171
Distribution of each HAIs type, %	:	10.34	46.32	0.83	10.78	5.19	3.19	6.86	4.79	4.21	6.21 (5.30-
(95% CI)		(9.27-11.41%)	(44.46-48.18%)	(0.50-1.16%)	(9.64-11.92%)	(4.35-6.03%)	(2.54-3.84%)	(5.93-7.79%)	(3.98-5.60%)	(3.46-4.96%)	7.12%)
Pathogen Counts	1297	44	824	5	127	38	49	75	46	37	38
Pseudomonas aeruginosa	218 (16.8%)	7 (15.9%)	176 (21.4%)	(%0) 0	8 (6.3%)	(%0) 0	7 (14.3%)	6 (8.0%)	1 (2.2%)	8 (21.6%)	5 (13.2%)
Klebsiella pneumoniae	199 (15.3%)	7 (15.9%)	156 (18.9%)	3 (60.0%)	5 (3.9%)	5 (13.2%)	4 (8.2%)	5 (6.7%)	9 (19.6%)	1 (2.7%)	4 (10.5%)
Escherichia coli	133 (10.3%)	2 (4.5%)	59 (7.2%)	(%0) 0	35 (27.6%)	4 (10.5%)	7 (14.3%)	9 (12.0%)	5 (10.9%)	4 (10.8%)	4 (10.5%)
Staphylococcus aureus	81 (6.2%)	4 (9.1%)	47 (5.7%)	(%0) 0	1 (0.8%)	2 (5.3%)	2 (4.1%)	13 (17.3%)	3 (6.5%)	7 (18.9%)	2 (5.3%)
Acinetobacter baumannii	141 (10.9%)	10 (22.7%)	111 (13.5%)	(%0) 0	4 (3.2%)	(%0) 0	(%0) 0	5 (6.7%)	6 (13.0%)	3 (8.1%)	1 (2.6%)
Enterococcus faecalis	14 (1.08%)	0 (0%) 0	3 (0.4%)	(%0) 0	6 (4.7%)	1 (2.6%)	(%0) 0	1 (1.3%)	1 (2.2%)	2 (5.4%)	(%0) 0
Enterococcus faecium	14 (1.08%)	0 (0%)	0 (0%)	(%0) 0	8 (6.3%)	(%0) 0	2 (4.1%)	1 (1.3%)	2 (4.3%)	(%0) 0	1 (2.6%)
Streptococcus pneumoniae	9 (0.7%)	2 (4.5%)	7 (0.8%)	(%0) 0	0 (0%)	(%0) 0	(%0) 0	(%0) 0	(%0) 0	(%0) 0	(%0) 0
Coagulase-Negative Staphylococci	15 (1.2%)	0 (0%) 0	4 (0.5%)	(%0) 0	(%0) 0	0 (0%)	(%0) 0	4 (5.3%)	4 (8.7%)	(%0) 0	2 (5.3%)
Other pathogens ^b	473 (36.5%)	12 (27.3%)	261 (31.7%)	2 (40.0%)	60 (47.2%)	26 (68.4%)	27 (55.1%)	31 (41.3%)	15 (32.6%)	12 (32.4%)	19 (50.0%)
Data are presented as No. (%) unless o	therwise indicate	pa									
Abbreviations: Cl, confidence interval											
^a Other sites included postoperative	oneumonia, vira	l hepatitis, bacteria	l meningitis, transfu	Ision-associated	l infections, intrasp	oinal infections,	cardiovascular	infections, bo	ne and joint ir	fections, repro	ductive tract

 Table 2
 Analysis of infection sites and pathogen distribution in HAIs (2015–2020)
. -. ł Less F infections, oral infections, and burn site infections

^bOther pathogens include Stenotrophomonas maltophilia, Anaerobes, Other Enterobacteriaceae, Haemophilus, Other Pseudomonas spp, Proteus, nonspecified gram-positive cocci, nonspecified gram-negative bacilil, fungi, and viruses



Fig. 2 Trend Analysis of Infection Proportions by Site in Hospitals (2015–2020)



Fig. 3 Trends in the proportions of pathogens in HAIs (2015-2020)

while blood vessel-related infections experienced a modest increase from 0.75 to 1.72% (Z = 2.702, P = 0.007). Detailed results of the Cochran-Armitage Trend Test for infection sites are available in Supplementary **Table S4**,with the annual distribution of infection sites available in Supplementary **Table S2**.

Composition of pathogens in Hospital-Acquired infections

As detailed in Fig. 3, a total of 1,297 pathogenic strains were isolated from the 42 hospitals. *E. coli* showed a notable increase in cases between 2019 and 2020, despite an overall declining trend (Z=-2.856, P=0.004). Similarly, *Streptococcus pneumoniae* exhibited a consistent decrease over time (Z=-2.856, P=0.004). Detailed results of the Cochran-Armitage Trend Test for all bacterial pathogens are available in Supplementary **Table S4**, with

the annual distribution of pathogens available in Supplementary **Table S3**.

Changes in the proportions of MDROs

Table 3 presents the annual counts and proportions of MDROs identified from 2015 to 2020. The most frequently detected were *carbapenem-resistant Enterobacteriaceae* (*CRE*, 11–79 per year, with substantial year-to-year fluctuation, accounting for 37.20%), followed by *carbapenem-resistant Acinetobacter baumannii* (*CRAB*, 11–44 per year, accounting for 20.65%), *methicillin-resistant Staphylococcus aureus* (*MRSA*, 5–25 per year, accounting for 18.26%), and *carbapenem-resistant Pseudomonas aeruginosa* (*CRPA*, 19–22 per year, accounting for 21.16%). *Vancomycin-resistant Enterococcus* (*VRE*,0–9 per year, accounting for 2.73%) was the

Table 3	8 Annual	changes in t	he proportions of	f MDROs(2015–2020)
		9		

MDRO	Strains (%)					
	2015	2016	2017	2018	2019	2020	Total
Carbapenem-Resistant Enterobacteriaceae(CRE)	27 (34.18)	79 (60.77)	11 (15.07)	55 (38.73)	21 (27.92)	25(29.76)	218(37.20)
Methicillin-Resistant Staphylococcus aureus (MRSA)	9 (11.39)	9 (6.92)	25 (34.25)	20 (14.08)	21 (26.92)	23 (27.38)	107(18.26)
Carbapenem-Resistant Pseudomonas aeruginosa(CRPA)	20 (25.32)	22 (6.92)	21 (28.78)	22 (15.49)	19 (24.36)	20 (23.81)	124(21.16)
Carbapenem-Resistant Acinetobacter baumannii(CRAB)	22 (27.85)	11 (8.46)	12 (16.45)	44 (30.99)	17 (21.79)	15 (17.86)	121(20.65)
Vancomycin-Resistant Enterococcus (VRE)	1 (1.27)	9 (6.92)	4 (5.48)	1 (0.70)	0 (0.00)	1(1.19)	16(2.73)
Total	79 (23.09)	130 (100.00)	73 (100.00)	142 (100.00)	78 (100.00)	84 (100.00)	586(100.00)

least common, with no isolates detected in 2019. The years 2016 and 2018 represented peaks in MDROs detection, with totals of 130 and 142 isolates, respectively, making the highest numbers recorded during the study period.

Antimicrobial drug use and pathogen detection analysis

Between 2015 and 2020, a total of 156,009 hospitalized patients were included in this survey, among whom 54,907 received antimicrobial drugs, resulting in an average prevalence of 35.19%. Of those receiving antimicrobial treatment, 36,990 cases (67.37%) were prescribed for therapeutic purposes. Regarding combination therapy,39,090 patients (70.75%) received a single antimicrobial agent, 15,205 (27.52%) received dual combination therapy, and 818 (1.48%) were treated with three antimicrobial agents, whereas 144 (0.26%) received more than three antimicrobial agents. During the six-year study period, clinical specimens for pathogenic microorganisms testing were submitted for 1103 patients, resulting in a submission rate of 50.89%, which showed a significant upward trend over time (Z = 4.287, P < 0.001) (Table 4).

Discussion

This study analyzed data from 156,009 hospitalized patients across 42 hospitals in Weifang City, Shandong Province, China, from 2015 to 2020, focusing on antimicrobial use and HAIs. The overall prevalence of HAIs was 1.66%, showing a gradual decline over time. Compared to the reported prevalence in other countries-such as Singapore (11.9%) [24], Germany (4.6%) [25], Switzerland (5.6%) [26], Italy (5%) [27], and the United States (5%) [28]—the prevalence observed in our study is notably lower. This discrepancy is likely attributable to several methodological differences. First, diagnostic criteria differ significantly across countries. The Hospital Infection Diagnostic Standards (2001 edition) used in China do not explicitly define certain key HAIs, such as viral infections, catheter-related bloodstream infections, and ventilator-associated pneumonia. In contrast, the Centers for Disease Control and Prevention-National Healthcare Safety Network in the United States regularly updates and expands its definitions [29]. Consequently, the narrower diagnostic framework may lead to an underestimation of HAIs prevalence. Second, underreporting remains a substantial issue. In China, improving the identification and documentation of HAIs has been a central focus of infection control [30]. However, studies report underreporting of 5.97% in secondary hospitals and up to 7.19% in tertiary hospitals, particularly in the central region [13, 31]. Surveillance systems often rely heavily on case records and laboratory results, which may omit clinically significant cases. Similar underreporting patterns have been observed elsewhere. For instance, Romania reported the HAI prevalence of just 2.6% between 2015 and 2019, substantially below the European average (7.5%), likely due to deficiencies in reporting infrastructure [7]. Beyond methodological concerns, underreporting raises ethical issues. Missed or unreported HAIs can delay clinical intervention, directly compromising patient safety. Inaccurate documentation may also undermine patient confidentiality, reduce transparency, and weaken accountability. Therefore, accurate and timely reporting is crucial not only for effective infection surveillance but also for maintaining ethical standards in clinical practice and protecting patient rights. Transparency in HAI reporting is essential to ensure accuracy and uphold ethical care standards. Reporting practices should align with global patient safety frameworks, such as those outlined by the WHO, to enhance data integrity, promote accountability, and safeguard patient rights. Third, differences in data collection frequency and reporting practices further affect comparability. The European Centre for Disease Prevention and Control (ECDC) conducts a standardized point prevalence survey every five years, while our study uses an annual survey with random sampling [32]. The ECDC's one-day cross-sectional approach offers greater timeliness and consistency, whereas variations in our sampling period may reduce sensitivity to short-term trends. Although both systems employ electronic data collection tools, the ECDC applies more rigorous data validation procedures, resulting in higher data accuracy and reliability. These differences likely contribute to variability in HAI prevalence across studies. To facilitate clearer comparison, we have included Table S6 in the supplementary materials, which outlines the key methodological differences between this study and the

ear	Number	Antimicrobial	Composition o	f Antimicrobial Dr	ug Usage Purpose (%)	Compos	ition of Antimicro	bial Combination	Therapy (%) Therapy	Rate of Pathogen
	of Patients Surveyed	Drug Usage Rate (%)	Therapeutic	Prophylactic	Therapeutic + Prophylactic	Single Drug	Dual Combination	Triple Combination	Quadruple or More Combination	Testing Prior to Antimicrobial Therapy (%)
015	20,871	36.22	63.65	30.57	5.78	66.82	32.00	1.12	0.05	42.77
016	23,611	34.74	60.94	31.94	7.12	68.19	30.10	1.63	0.07	43.22
017	26,211	38.22	65.83	27.44	6.73	68.19	30.10	1.63	0.07	45.17
018	27,857	36.44	67.40	26.29	6.32	69.30	27.46	2.47	0.77	48.72
019	29,192	33.86	73.90	23.02	3.08	71.31	27.33	1.26	0.09	51.51
020	29,267	31.07	70.82	26.06	3.12	75.28	23.41	1.22	0.09	72.95
otal	157,009	35.19	67.37	27.31	5.33	70.75	27.52	1.48	0.26	50.89

ECDC protocol, particularly those that may affect data comparability. The ECDC's monitoring framework offers several valuable lessons for enhancing HAI surveillance in China, including the regular revision of standardized diagnostic criteria, the implementation of a structured and validated electronic data collection system, and the provision of comprehensive training programs to ensure data consistency and reliability. Adapting these practices could substantially improve the accuracy, comparability, and utility of HAI data in the Chinese healthcare context. Nevertheless, the implementation of real-time monitoring networks, intelligent early-warning systems, and enhanced governmental oversight has played a significant role in improving the detection of HAIs and mitigating underreporting [33, 34]. However, continued efforts are essential to standardize diagnostic criteria, enhance surveillance methodologies, and improve data comparability across regions. Future research should consider integrating such data with advanced data analytics and AI-driven tools to optimize infection control strategies, improve intervention effectiveness, and minimize reporting biases.

In the ICU, which plays a critical role in managing severe cases, the prevalence of HAIs was markedly higher than in other departments, with notable year-to-year fluctuations. A global point prevalence study involving 1,150 ICUs in 88 countries found that the prevalence of ICU-acquired infections was 22.0% [35]. In this study, the ICU infection prevalence was recorded at 19.54%, which is slightly higher than prevalence observed in Wuhan City (19.09%) [36], Heilongjiang Province (12.87%) [37], and Anhui Province (10.64%) [38], but lower than those reported in Switzerland (26.2%) [26] and Singapore (37.0%) [24]. From 2015 to 2016, the ICU infection prevalence demonstrated an upward trend, subsequently stabilizing or declining (Z=-3.216, P=0.001). This fluctuation may be attributed to increased patient volume and illness severity during that time, which likely strained infection control capacity. The subsequent decline in infection rates is plausibly linked to targeted interventions, including improved hand hygiene compliance, implementation of central line-associated bloodstream infection (CLABSI) prevention protocols, and enhanced staff training and surveillance. These context-specific strategiesparticularly in high-risk units such as the ICU-appear to have played a key role in improving infection control outcomes and reducing nosocomial infection risks.

Departments performing complex and prolonged surgical procedures, such as gastrointestinal surgery, thoracic surgery, and neurosurgery, are particularly vulnerable to wound infections. Many patients may also be immunocompromised pre- and post- surgery, heightening their susceptibility to infections. The observed increase in infection prevalence within gastrointestinal surgery may be attributable to targeted monitoring initiatives introduced in 2018, which included strengthened surveillance and enhanced reporting practices specifically implemented in gastrointestinal surgery wards. Nonetheless, the neurosurgery department demonstrated an overall declining trend in the prevalence of HAIs, indicating effective infection control progress. The neonatology department reported an HAI prevalence of 3.36%, lower than 7.16% reported in Italy [39]. Given the vulnerability of newborns, particularly those who are extremely premature or low-birth-weight, strict infection control measures are imperative. These measures should include adherence to aseptic techniques, regular disinfection of medical equipment, infection prevention training for healthcare staff, enhanced environmental hygiene in wards, and timely monitoring and response mechanisms for infections.

Infection predominantly occurred in the lower respiratory tract, consistent with findings from relevant studies in China [40, 41] and Europe [42-45]. While LRTIs remained the most common type of infection, they exhibited a declining trend from 2015 to 2020, likely reflecting improved infection control measures and antibiotic stewardship. Notably, in 2020, the proportion of LRTIs reached the lowest level observed in our dataset, which may be attributed to the strict infection prevention and control measures implemented during the COVID-19 pandemic, including universal masking, enhanced use of personal protective equipment, and patient cohorts. These interventions likely reduced the cross-transmission of respiratory pathogens. However, this trend contrasts with findings from Africa [46, 47], where infections predominantly occurred in SSIs. Similarly, data from the National Healthcare Safety Network (NHSN) in the United States indicated that SSIs accounted for 42.4% of all HAIs, followed by catheter-associated UTIs (29.7%) and CLABSI (25.3%) [48]. In this study, SSIs exhibited a noticeable upward trend, which may be attributable to the implementation of more stringent control policies and enhanced institutional focus on surveillance. Specifically, the increased frequency of hospital-wide prevalence surveys, the establishment of dedicated surgical infection monitoring teams, and the introduction of standardized perioperative antibiotic prophylaxis protocols have likely improved the identification and reporting of SSIs. These changes reflect a shift from under-recognition to more active detection, thereby contributing to the observed increase.

The most frequently isolated pathogens were *P. aeruginosa, K. pneumoniae*, and *E. coli*, aligning with findings from other studies in China [40, 49]. These pathogens were predominantly associated with LRTIs (46.32%), UTIs (10.78%), and URTIs (10.34%), which were the most common infection sites observed. A nationwide study

in China reported that respiratory infection constituted 52.22% of HAIs [50], a proportion substantially higher than those typically reported in Western countries, reflecting a greater burden of pneumonia among HAIs cases in China. In contrast, SSIs represent a larger proportion of HAIs in Western hospitals [51]. For example, data from the U.S. NHSN data indicate that S. aureus is the most common pathogen responsible for SSIs [48]. Consistent with this difference, our study found a relatively low proportion of SSIs (6.86% of HAIs), which corresponded with a lower prevalence of S. aureus (6.2% of isolates) compared to predominance of Gram-negative bacteria. This microbial distribution pattern may reflect underlying antibiotic usage practices within hospital settings. The predominance of Gram-negative pathogens, particularly P. aeruginosa and K. pneumoniae, is potentially associated with the widespread use of broad-spectrum antibiotics, including carbapenems. The overuse or inappropriate use of these agents can exert substantial selective pressure, facilitating the emergence and persistence of multidrug-resistant Gram-negative bacteria [52]. This underscores the importance of antimicrobial stewardship programs that aim to optimize antibiotic selection and reduce unnecessary use of last-line agents.

Additionally, E. coli, a major pathogen in UTIs, was predominantly isolated from UTIs (27.6%) and intraabdominal infections (14.3%) in our study. The incidence of E. coli showed significant fluctuations, with a notable increase from 2019 to 2020 despite an overall declining trend (Z=-2.856, P=0.004). Several factors may contribute to this variability, including advancements in infection control measures, shifts in antibiotic prescribing patterns, and changes in patient demographics. Understanding these trends is crucial for developing effective HAI control strategies. Overall, our findings underscore the importance of considering regional variations in infection epidemiology when designing prevention and control measures. Given the high burden of respiratory HAIs in China, targeted interventions—such as strengthened pneumonia prevention strategies and enhanced antimicrobial stewardship-are especially warranted to control Gram-negative bacterial infections.

Extensive research has established a strong correlation between the rise of antimicrobial resistance and the inappropriate use of antimicrobial agents. Minimizing irrational prescriptions is crucial for mitigating the spread of resistance [49, 53]. Our findings align with studies from other regions in China, confirming that *carbapenemresistant bacteria* are the predominant MDROs in HAIs [54]. The widespread use of carbapenem antibiotics, particularly in Central Asia, has contributed to rising resistance rates [55]. However, unlike most Chinese regions where *CRAB* is typically the dominant MDRO, our study identified *CRE* as the most frequently isolated pathogen [56, 57]. The highest MDROs counts were recorded in 2016 and 2018, with *CRE* being the most frequently isolated pathogen in both years. This surge underscores the need for targeted interventions to control *CRE* infections, particularly in healthcare settings where prevalence exhibit significant fluctuations. Such variations may be influenced by differences in antibiotic prescribing patterns and infection control measures, highlighting the importance of region-specific antimicrobial stewardship strategies.

VRE was the least frequently detected pathogen, a trend consistent with findings from other regions in China, with occasional years of zero detection [58]. Nevertheless, its occasional presence highlights the importance of continued monitoring. The variability observed in absolute MDROs counts emphasizes the importance of continuous evaluation and adaptive improvements in infection control strategies and antimicrobial steward-ship programs, which are essential for effectively managing resistance and reducing the burdens of associated infections.

The average prevalence of antibiotic use among hospitalized patients in Weifang was 35.19%, which complies with the threshold recommended by the National Health Commission of China, stating that antibiotic utilization among inpatients should remain below 60.0% [59]. However, this level exceeds the World Health Organization's recommendation of less than 20% [60]. Compared to European nations, where antibiotic usage rates range from 14.5–22.3% [61–63], this rate reflects a persistent reliance on antimicrobial agents in Chinese hospitals. To mitigate this, comprehensive measures should be adopted, including enhanced antibiotic management, clinical training, improved diagnostic capabilities, and multidisciplinary collaboration with continuous monitoring and feedback. These strategies aim to improve HAI control, enhance patient safety, and reduce inappropriate antibiotic use. A notable shift in antimicrobial prescribing patterns was observed over the six-year study period. The use of single-agent therapy increased from 5,051 patients (66.82%) in 2015 to 6,805 patients (75.28%) in 2020, while dual combination therapy declined from 2,419 patients (32.00%) to 2,116 patients (23.41%) over the same period. Furthermore, the number of patients receiving exactly three antimicrobial agents remained relatively stable, increasing slightly from 85 (1.12%) in 2015 to 110 (1.22%) in 2020, while the number of patients receiving more than three agents also remained relatively stable, increasing from 4 (0.05%) to 8 (0.09%). Although the proportion of patients receiving three or more antibiotics remained relatively low, this pattern warrants attention, as it may reflect the presence of complex infections, empirical overtreatment, or gaps in diagnostic confidence, all of which could undermine stewardship efforts if not carefully monitored. This shift toward single-agent therapy likely reflects improved adherence to antimicrobial stewardship principles aimed at minimizing unnecessary combination therapy. The rate of pathogen testing before antibiotic administration significantly increased from 42.77% in 2015 to 72.85% in 2020 (Z=4.287, P<0.001), exceeding the recommended threshold of \geq 50% set by national guidelines. This increase highlights a growing emphasis on pathogen identification in the hospital setting, which contributes to more accurate diagnoses and supports rational antibiotic use, thereby reducing reliance on empirical broad-spectrum therapies and mitigating the risk of antimicrobial resistance.

These findings provide a robust foundation for the development of evidence-based guidelines on rational antibiotic use, the enhancement of infection surveillance systems, and the improvement of healthcare quality. However, several limitations must be acknowledged. First, the study's focus on a single city constrains the generalizability of the findings to other regions or national contexts.Second, the retrospective design may have introduced potential biases or inconsistencies in data collection and recording. Third, we lacked data on the total number of tested isolates for each bacterial species, which limited our ability to calculate resistance rates and conduct trend analyses.Future research should expand the scope of monitoring to include diverse geographical regions, employ prospective study designs to mitigate biases, and incorporate complete isolate data to enable more accurate and standardized analysis of antimicrobial resistance trends.

Conclusions

This study provides key insights into the prevention and control of HAIs, highlighting the importance of strengthening infection control measures, responsible antimicrobial use, and improved pathogen detection. While limited to one city, the findings suggest that expanding future research to broader regions is essential to obtain more representative conclusions. Future studies should focus on in-depth analysis of specific infection types and more detailed data collection to enhance the applicability of the findings. Furthermore, enhanced multidisciplinary collaboration, continuous monitoring, and policy development are essentialcto further reduce infection prevalence and antimicrobial resistance, ensuring better patient outcomes.

Abbreviations

HAIs	Hospital-acquired infections
MDRO	Multidrug-resistant organism
WHO	World Health Organization
NULCOLI	

- NHSN National Healthcare Safety Network
- ECDC European Centre for Disease Prevention and Control CLABSI Central line-associated bloodstream infection
- CEADSI Certial III e-associated Dioodstream III iecti
- CRE Carbapenem-resistant Enterobacteriaceae

- CRPA Carbapenem-resistant Pseudomonas aeruginosa
- VRE Vancomycin-resistant Enterococcus
- LRTIs Lower respiratory tract infections
- URTIs Upper respiratory tract infections
- UTIs Urinary tract infections
- SSIs Surgical site infections

Supplementary Information

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Supplementary Material 1

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Author contributions

YD: Software, Validation, Formal analysis, Resources, Data curation, Writing-original draft, Writing-review & editing, and Visualization. HL: Conceptualization, Methodology, Writing-review & editing, Supervision, and Project administration.

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Data availability

This can be obtained by contacting the corresponding author.

Declarations

Ethics approval and consent to participate

This survey was conducted as part of a mandated quality improvement initiative and did not require ethical approval. As the study did not involve any interventions or the collection of personally identifiable information, the requirement for informed consent was waived. The research adhered to ethical principles consistent with the Declaration of Helsinki.

Consent for publication

None.

Competing interests

The authors declare no competing interests.

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